



Rathfern Primary School
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Saturday 9th May 2020

Dear Parent/Carers,

I hope you are all coping at home and staying safe and well over this long Bank Holiday weekend.

A huge thank you to those families who completed our Google Classroom Feedback form it was hugely informative and overwhelmingly positive. As you would expect, there was a huge variation in responses but the key messages are as follows:

The majority of parents 55%+ think 2 - 3 hours learning is appropriate daily

Around 70% of parents experience children needing support to complete learning

Main themes:

All work for the week up front or to have a package of work with a suggested time frame

Feedback from teachers

Face to face contact

We do appreciate that managing your child's learning and juggling the many other responsibilities you have is hugely challenging. We are very grateful for your support with enabling your child to engage with Google Classroom.

Next week, we will begin to conduct small group video conference calls (of 4-6 children). The aim of these calls is for pupils and staff to catch up and also to address any difficulties pupils may be having on Google Classroom. We hope that this feels supportive for you and your child.

Please do read the e-mail which includes a **Google Meet (video conferencing) Pupil Acceptable Use Policy** and a short video tutorial explaining how pupils can access the Google Meet video call (<https://youtu.be/sDHAqyU9t4w>).

Virtual Parent Drop In

I am keen to support families as much as I can and am offering Headteacher Drop in appointments on a Tuesday 9-10:30 and 4-5:30pm

If you want a phone call or ZOOM chat please email the school office with a time between 9-10:30 or 4-5:30 admin@rathfern.lewisham.sch.uk



A message from the Anti Bullying Ambassadors

Given the current situation, we all have to stick together more than ever. At Rathfern, you have your anti-bullying ambassadors to help you. Our job is to make sure that all students at Rathfern feel safe and understand what to do in certain situations. Although we are all at home, the anti-bullying ambassadors are still here to help you, whether you've been bullied online or in person and always remember, stay safe.

Bethany Morgan
Your wellbeing ambassador

OUTSTANDING LEARNERS

Nursery

Michelle for putting lots of effort into engaging with her maths learning and for setting herself mathematical challenges this week.

Reception

Lior for putting lots of effort in his writing and making wonderful progress. He should feel very proud!

Ewan McCartney for putting lots of effort into his maths learning and producing amazing work.

Frank for being creative and completing all of his online learning.

Year 1

Georgia H for completing and sharing a wonderful project.

Arthur for great effort in completing his learning on google classroom.

Year 2

Well done to the children in Year 2 who have put **effort** and **focus** into all areas of their learning on GC this week :

Cherry Blossom Class: Lily, Mya & Demari

Hazel Class: Lola, Shamsheer & Lucia



Year 3 are celebrating the following children this week for **demonstrating a positive and consistent effort with their learning.**

Y3 Sycamore - Moreena, Joan and Ailsa

Y3 Guelder Rose - Joshua, Minnie and Asher

Year 4

Well done to

Sweet Chestnut Class: Christopher, Naomi, Richard, Siradjo.

Eucalyptus class: Nicolas, Lateef, Naythan Leon
for persevering and maintaining a very positive attitude towards your learning.

Year 5

Blessing - Has made consistent attempts at completing tasks on Google Classroom from the beginning. Well done for using self-regulation and effort.

Maya - For effort in completing tasks on Google Classroom even if they have been challenging. She has also shown perseverance in her maths tasks too, as this is a subject she has been making lots of progress in. Well done for being motivated and using self-regulation.

Jai- For showing perseverance in your learning. You revisited the multi-step word problems and solved them by following the guidance and learning the process required, demonstrating a growth mindset.

Ashton - For showing an improved commitment to online learning and consistently completing assignments to a good standard.

Chajettha - Has made a sustained commitment to completing assignments on Google Classroom from the beginning of term. Her learning has consistently been completed to a good standard.

Year 6

Mylca-Audrey- Consistently outstanding in all assignments across the curriculum. She has written several wonderful writing pieces, completed all guided reading accurately and has completed her maths tasks to a very high standard.



Max- Extremely committed to his learning of Google Classroom assignments and has shown very impressive maths learning this week.

Evie- Wonderful annotations in all her reading and maths tasks. Her planning and drafting in English has been outstanding.

Elizabeth- Huge improvement in attitude this week. She has produced some of her best quality writing and is working hard to meet her deadlines.

Cara- Has completed all her assignment to a very high standard and she has met all of her deadlines.

Wellbeing

We are asking all our children to take the opportunity over the long weekend to step back from their academic studies at home, give yourselves time to think about your wellbeing and take some positive action to keep your mind and body healthy and active.

Make sure you are doing some physical activity or exercise each day to keep your body healthy. This might be out of doors or in your home. And give yourself some thinking time, every day, where you create some head space and allow yourself to focus on your mental wellbeing.

Your wellbeing and health are just as important as the studying you do each day. Here is a reminder of some of the wellbeing resources available for you.

Don't forget to talk to someone if you need to.

Wellbeing apps

Calm, Headspace, My Possible Self, Sleepio, Mee Two
(and any on the NHS Library of recognised apps)

Childline – 0800 1111

NSPCC – 0808 800 5000

The Mix – 0808 808 4994

Hopeline – 0800 0684141

Text 'Shout' to 85258

Kooth.com

Youngminds.org.uk

Themix.org.uk

MindEd

Online services for young people

Charlie Waller Memorial Trust

Young Minds



Youth Wellbeing Directory



South London and Maudsley 
NHS Foundation Trust

Dear School,

We are a team from South London and Maudsley NHS Foundation Trust delivering mental health and well-being sessions in primary schools. We are really pleased to be able to share our new free access website with you: <http://www.cues-ed.co.uk/looking-after-ourselves>

We know there is a lot of information out there at the moment - but wanted to create something fun and interactive for children while they are at home - to help them think about how important it is to look after ourselves, and others, during these challenging times. Although these pages are aimed at Years 3 and 4, please feel free to share with any of your year groups - and with other schools. The tips and strategies on there apply to all of us!

We know how hard you will be working sending things home to children and families. Attached is a page for parents and carers that explains a bit more and that can hopefully be easily incorporated on the platform or communications you already use.

We hope this is a useful resource - any feedback would be hugely appreciated!

With all best wishes
The CUES-Ed Team

Google Classroom learning starts again next week, remember how important it is to continue to allocate time every day for your own physical health and mental wellbeing. We hope you have a good break at home with your family over this Bank Holiday weekend.

All good wishes,

Mrs Maharasingam

