



Rathfern Primary School
Rathfern Road, Catford, London SE6 4NL
E: admin@rathfern.lewisham.sch.uk
T: 020 8690 3759

Friday 27th November 2020

Dear Parents/Carers,

We hope you are very well and safe. Thankfully, it is not long before lockdown ends on December 2nd.

The children are engaged, happy and making progress.

We hope you have a wonderful relaxed and happy weekend.

Keeping Safe

We are very proud of the year 2 and 5 children and team who have been self-isolating. They have been incredibly engaged, resilient and productive during this period and we are really looking forward to seeing them return to school next week. Please ensure that you continue to be vigilant and follow the sickness protocols. Contact the school if you need advice or require any support.

Rathfern's Wellbeing Tip of the Week

Quality time with family or friends

Try to find some time to do an activity as a family or household, such as, going to the park (keeping to Covid restrictions), playing a board game, cooking together, or making arts and crafts. Spending quality time together can strengthen our relationships, help us to reconnect with others and encourages positive communication. Bonding with loved ones increases dopamine levels which help us to feel good and promotes positive wellbeing.

CORE VALUES - It's Too Hard

This week, Mrs Maharasingam has been talking to children about how to deal with being in the fear zone of learning.

Everyone experiences fear when learning something new or challenging.

We have been talking about how our learning attributes support us to move through our fear into the learning zone.

- Trying harder (effort)
- Not giving up (persistence)
- Managing emotions (self -regulating)
- Thinking hard (focus and reflection)



Early Years

Reception and Nursery will begin holding dress rehearsals and recordings for our Christmas Nativity 'Whoops- A –Daisy Angel', at various times next week.

Please could every child bring their costumes to school in a labelled plastic carrier bag:

- White top
- Black shorts or trousers

Items will NEED TO BE LABELLED (P.E Kits would be suitable) and any donations of gold / silver tinsel will be gratefully received.

These items will need to be in by **Monday 30th November** as we will be holding dress rehearsals and recordings of the performance at various points over the week

Outside Violin & Guitar Ensemble Filming

We will be filming a guitar ensemble piece and a violin ensemble piece for the Winter concert video this year. Children will play in their bubbles, socially distanced from children in other year group bubbles. This will take place outside for extra safety.

Your child will need to be warm for both rehearsal and filming days. Children can wear gloves while they are waiting around to keep hands warm. They will need to remove their gloves to play. The exception to this is fingerless gloves for violinists. Children will remove their coats just for filming and will be filmed in their Christmas or colourful jumper.

Violinists: What to Bring:

Rehearsal: Tuesday 1st Dec - Violin, Coat, Hat, Gloves

Filming: Wednesday 2nd Dec -Violin, Coat, Christmas/colourful warm jumper, Hat & Gloves

FYI: Violinists can play in Fingerless gloves if they have them. Violinists can't play in a scarf.

Guitarists: What to Bring:

Rehearsal: Monday 30 November Guitar, Sheet music, Coat, Hat, Scarf, Gloves

Filming: Monday 7th December -Guitar, Sheet music, Coat, Hat, Scarf, Christmas/colourful warm jumper

RAPID TESTING

Rapid testing is coming to Lewisham soon. This is good news as more testing helps stop the spread of the virus and prevent the need for further restrictions. Take part in this three-minute survey so we can better target the COVID-19 rapid testing when it comes to Lewisham. Tell us whether you'd take a test and if not, why?

The link to the survey is <https://consultation.lewisham.gov.uk/corporate-policy-and-governance/covid-19-rapid-test-survey/>



Friday 11th December 2020



Children can either wear a Christmas jumper OR brightly coloured clothing.

Please bring a £1 donation or make a donation to the foodbank.

OPEN DAYS

To take part in our Virtual Open Mornings please log on to our website <https://www.rathfern.lewisham.sch.uk/2020/10/virtual-open-mornings-for-prospective-parents-2020-21/> . These will be taking place on the following dates at 9.30am.

December 2nd, 16th
January 6th, 13th



Message from Ms Sally

Please help your child to practise their words and songs ready for next week. Reception, Year 1, Year 2 & Year 3 the words and songs can be found on:

Google Classroom- Music Page

FOREST SCHOOL

You will be pleased to know that Forest school sessions for Reception and Year 1 will resume in the week commencing 7th December 2020. **NOT** next week.



REVERSE ADVENT CALENDAR FOOD DONATION 2020

Thank you to everyone who has made donations so far. We have been overwhelmed by Rathfern community's generosity; please carry on the good work as we have 2 weeks to go!!

This year we would like to once again participate in the Reverse Advent Calendar project for the Festive Season. We are asking pupils to bring in a food donation from the list below that we will give to the local food bank and vulnerable families within our community. All donations big or small will be gratefully received. This will commence week beginning 23rd November till 11th December 2020.

Reverse advent - Rathfern community and Food bank donations 2020	
1. Tinned Fruit	13. Toilet roll
2. Tinned Vegetables	14. Shampoo
3. Dried Pasta	15. Toothpaste
4. Breakfast cereal	16. Deodorant
5. Tinned fish	17. Soap
6. Rice	18. Washing up liquid
7. Pasta sauce	19. Sanitary items
8. Beans	20. Nappies
9. Tinned meat	21. UHT milk
10. Tea Bags	22. Jam
11. Coffee	23. Tinned pudding (custard/rice pudding)
12. Biscuits	24. Other

Article 24 (Health and health services):

Children have the right to good quality health care – the best health care possible – to safe drinking water, nutritious food, a clean and safe environment, and information to help them stay healthy. Rich countries should help poorer countries achieve this.

UN Convention on the Rights of the Child



24 I have the right to good quality health care, to clean water and good food

1 NO POVERTY



2 ZERO HUNGER



Sustainable Development Goals one and two:

No poverty and zero hunger



CHRISTMAS LUNCH

Our Christmas meal will be served on Wednesday 9th December. For those children on a Home Packed Lunch who would like to have a Christmas Meal, please ensure you inform the office by **Monday 30th November**. All children currently on hot meals will automatically get a Christmas Meal

NEW SCHOOL MENU

We have a new school menu starting from Monday 23rd November, details of which can be found on the school website from today.

<https://www.rathfern.lewisham.sch.uk/wp-content/uploads/2020/11/LP21-Menu-Rathfern.pdf>

IMPORTANT DATES

2020 - December

Learning Attributes- Self Regulation	Wednesday 9 th
Parent workshop	
Christmas Lunch	Wednesday 9 th
Christmas Jumper Day	Friday 11 th
Virtual Christmas Performances	Tuesday 15 th – Nursery & Reception Wednesday 16 th – Years 1 & 2 Thursday 17 th – KS2 More details to follow.

CHRISTMAS HOLIDAYS Monday 21st December – Tuesday 5th January

2021

INSET days	Monday 4th & Tuesday 5th January
Children return to school	Wednesday 6 th January



OUTSTANDING LEARNERS

	Class	Outstanding Learner	Act of Kindness	Leading Citizen
Nursery	Coral Reef	Amine	Jason	Daisy
Reception	Stream	Zavier	Chloe	Mia
	Mangrove	Riyan	Skyla-Ri	Cody
	Ocean	Mia	Samuel	Lydia
Year 1	Waterfall	Rahsharn	Sophia	Nathan C
	Storm	Olive	Benjamin W	Elizabeth
	Cloud	Elisa	Alina	Jasmine
Year 2	Avalanche	Arthur	-	-
	Everest	Alexia	Willow	Tillie Jo
Year 3	Crater	Kayhan	Lola	Cezara
	Caldera	Temilade	Serah	Sam
Year 4	Typhoon	Rafaela	Sam	Shanuki
	Tsunami	Emir	Jasmitha	Tofunmi
Year 5	Meridian	Temani	Aya	Maya
	Equator	Abraham	Logan	Jesse
Year 6	Panthalassa	Ava	Sarah	Stacey
	Pangaea	Cyanne	Karen	Godwin

Naheeda Maharasingam FCCT LLE

Head Teacher

CCT Network Lead Rathfern Research Hub

